OUTDOOR SOCCER

1. KICK-OFF – free kick to start game or resume play after a goal. Ball cannot be kicked twice in succession.
2. CORNER KICK – free kick taken from the corner by the offensive team. This occurs when the ball crosses the end line after being touched by the defense.
3. Dribbling – moving the ball with the feet.
4. FREE KICK – kick taken after a foul or violation. All opposing players must be 10 yards from the ball. Ball must make one complete roll before being played.
5. GOAL KICK – free kick taken by defensive team from in front of goal. This is taken when ball crosses end line after being touched by offense.
6. HAND BALL – playing ball with arms or hands
7. HEADING – playing ball with head.
8. TACKLE – taking ball from opponent.
9. TRAP – bringing ball under control with feet, body, or head.
10. THROW IN – putting ball into play after it has crossed the sideline (touchline). Player must have two hands over the head and both feet on the ground.
11. PENALTY KICK – free kick taken from 12 yards away from goal. Occurs when defense commits a foul in the penalty area.